

**Equal Opportunities Monitoring Form**

We are committed to equal opportunities in our recruitment process. This monitoring form is voluntary, but the information we collect here is useful to us as it helps ensure we are inclusive and that our workforce is diverse. The information you supply on this form will be kept confidentially.

**How did you find out about this post?**

Capsule website

Online publication/job-board (please state):

Printed publication (please state):

Social media (please state):

Other (please state):

**Ethnicity**

**Asian, Asian British, Asian English, Asian Scottish, or**

**Asian Welsh**

Asian / Asian British

Bangladeshi Chinese Indian Pakistani

Other Asian background (specify if you wish):

**White**  
  
British English

Gypsy or Irish Traveler

Irish

Scottish

Welsh

Other White background (specify if you wish): Italian

**Black, Black British, Black English, Black Scottish, or**

**Black Welsh**African Caribbean

Other Black background (specify if you wish):

**Other ethnic group**

Arab

Other (specify if you wish):

**Prefer not to say**

**Mixed**

White and Asian

White and Black African White and Black Caribbean White and Chinese

Other mixed background (specify if you wish):

**Gender**

How do you describe your gender?

Prefer not to say

**Sexuality**

Bisexual

Gay man

Gay woman/lesbian Heterosexual/straight Other (specify if you wish): Prefer not to say

**Age**

24 or under 25 - 34 35 - 44 45 - 54 55 - 64 65+

Prefer not to say

**Disability**

The 2010 Equality Act defines disability as a physical or mental impairment that has a ‘substantial’ and ‘long-

term’ negative effect on your ability to do normal daily activities. Do you consider yourself to be disabled?

Yes

No

Prefer not to say